



Building Confidence in Growing Children

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## Dua 2019

### DUA COMPETITION 10th National Children Competition 2019

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#### Special Term/information for DUA competition participants

1. For Dua competition children should memorise all the Duas and its meanings listed to their group, they will be requested to recite by the judges/supervisors randomly on any Dua and its meanings provided to their group. (Special notes: For this year Dua competition both the arabic recitation and its meaning will be assessed together. The competitors will be clearly expected to read out the meaning in English after the Arabic part of the Dua)
2. Children will be assessed on Memory, Recitation, Thajweed, meaning in English and confidence.
3. Judges or Examiners will decide how many Duas to be recited within the maximum time limit given to each group in the charts in the main page.

Group 1

#### When awakening

اَلْحَمْدُ لِلّٰهِ الَّذِيْ اَحْيَاْنَا بَعْدَ مَا اَمَاتَنَا وَاِلَيْهِ  
النُّشُوْرُ

All praise is due to Allah ﷻ who has given us life after death  
and to Him is the return after death.

(Bukhaari Vol. 2, Pg. 934)

#### When entering the masjid

اَللّٰهُمَّ افْتَحْ لِيْ اَبْوَابَ رَحْمَتِكَ

O Allah ﷻ, open for me the doors of Your mercy.

(Nasai, Vol. 1, Pg. 119)

### When leaving home

بِسْمِ اللَّهِ تَوَكَّلْتُ عَلَى اللَّهِ لَا حَوْلَ  
وَلَا قُوَّةَ إِلَّا بِاللَّهِ

(I leave) with the name of Allah ﷻ; I rely on Allah ﷻ; there is no power to do any good, nor any power to abstain from evil except with the help of Allah ﷻ.

(Abu Dawood, Vol. 2, Pg. 347)

### On hearing good news

الْحَمْدُ لِلَّهِ مَا شَاءَ اللَّهُ

All praise be to Allah ﷻ. Just as Allah ﷻ willed.

### When a loss occurs

إِنَّا لِلَّهِ وَإِنَّا إِلَيْهِ رَاجِعُونَ

Surely we belong to Allah ﷻ and to Him is our return.

(Muslim, Vol. 1 Pg. 300)

### Tasbeeh in sajdah

سُبْحَانَ رَبِّيَ الْأَعْلَى

Glory be to My Lord, the Most High.

(Tirmidhi, Pg.35)

Group 2

### When leaving the masjid

اللَّهُمَّ إِنِّي أَسْأَلُكَ مِنْ فَضْلِكَ

O Allāh ﷻ, verily I seek from You, Your bounty.  
(Nasai, Vol. 1, Pg. 119)

### When in difficulty

حَسْبُنَا اللَّهُ وَنِعْمَ الْوَكِيلُ وَ عَلَى اللَّهِ تَوَكَّلْنَا

Allah ﷻ is sufficient for us and He is the Best Helper. And upon Allah ﷻ do we rely.  
(Tirmidhi, Vol. 2, Pg. 65)

### Dua in jalsa

اللَّهُمَّ اغْفِرْ لِي وَارْحَمْنِي وَعَافِنِي وَاهْدِنِي  
وَارْزُقْنِي

O Allāh ﷻ, forgive me, have mercy on me, grant me safety, guide me and provide me with sustenance.  
(Abu Dawood, Vol. 1, Pg. 130)

### When getting into a vehicle

بِسْمِ اللَّهِ الْحَمْدُ لِلَّهِ. سُبْحَانَ الَّذِي سَخَّرَ لَنَا  
هَذَا وَمَا كُنَّا لَهُ مُقْرِنِينَ. وَإِنَّا إِلَىٰ رَبِّنَا لَمُنْقَلِبُونَ

All praise be to Allah ﷻ, Glory be to Allah ﷻ who has put this (vehicle) under our control though we were unable to control it.

Surely, to our Sustainer are we to return.

(Tirmidhi, Vol. 2, Pg. 182)

### Dua when leaving a gathering

سُبْحَانَ اللَّهِ وَبِحَمْدِهِ سُبْحَانَكَ اللَّهُمَّ  
وَبِحَمْدِكَ أَشْهَدُ أَنْ لَا إِلَهَ إِلَّا أَنْتَ أَسْتَغْفِرُكَ  
وَأَتُوبُ إِلَيْكَ

Glory be to Allah ﷻ with His praises. Glory be to You, O Allah ﷻ, with Your praises. I bear witness that there is no God besides You. I beg Your forgiveness and repent to You.

(Mustadrak Hakim, Vol. 1, Pg. 537)

## Morning and evening dua

اللَّهُمَّ بِكَ أَصْبَحْنَا وَبِكَ أَمْسَيْنَا وَبِكَ نَحْيَى  
وَبِكَ نَمُوتُ وَإِلَيْكَ النُّشُورُ

O Allah with your help do I start this day / night and with your help do I live and with your help do I die and to you is our rising.

(Abu Dawood Vol. 2 Pg. 343)

## Dua for protection on the day of Qiyaamah

(Recite three times after Fajar and Maghrib salaah)

رَضِيتُ بِاللَّهِ رَبًّا وَبِالْإِسْلَامِ دِينًا وَبِمُحَمَّدٍ  
(صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ) نَبِيًّا

I am happy with Allah ﷻ as my lord, with Islam as my religion and Muhammad ﷺ as my prophet.

(Tirmidhi, Vol. 2, Pg. 174)